



## **In-Home Care & PTSD Resources**

- **BRIGHTSTAR CARE**
  - Text NOW to 741741
  - (708)532-2273
  - [brightstarcare.com/tinley-park-oak-lawn](http://brightstarcare.com/tinley-park-oak-lawn)
- **VETERANS IN CRISIS VETERANS IN CRISIS CONFIDENTIAL CHAT LINE**
  - (800)274-8255
  - [VeteransCrisisLine.net](http://VeteransCrisisLine.net)
  - TEXT: 838255
- **REAL WARRIOR CAMPAIGN**
  - OUTREACH CENTER 24/7: (866)966-1020
  - LIVE CHAT: [www.realwarriors.net/livechat](http://www.realwarriors.net/livechat)
  - CONNECT WITH OTHER WARRIORS IN THE FORUM  
[www.realwarriors.net/forum](http://www.realwarriors.net/forum)
- **Veterans Care- health coverage for uninsured IL vets**
  - (877)483-8779